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| **Carrots :D****Carrots are grown on farms and in family gardens throughout the world. Carrots are easy to raise and easy to harvest. They taste good. And they contain a lot of carotene, which the body makes into vitamin A.** |
| **When people think of carrots, they usually picture in their mind a vegetable that is long, thin and orange in color. But carrots come in many differentsizes and shapes. And not all carrots are orange.** |
| **For example, Paris Market carrots are about five centimeters around. Imperator carrots are thin and about twenty-five centimeters long. And Belgian White carrots are, as their name suggests, white.** |
| **For the**[**best**](http://www.cuentoseningles.com.ar/articles/health/carrots.html)**results, carrots should be grown in sandy soil that does nothold water for a long time. The soil also should have no rocks.** |
| **To prepare your carrot garden, dig up the soil, loosen it and turn it over. Then, mix in some plant material or animal fertilizer.** |
| **Weather, soil conditions and age will affect the way carrots taste. Experts say warm days, cool nights and a medium soil temperature are the best conditions for growing carrots that taste great.** |
| **Carrots need time to develop their full sugar content. This gives them their taste. If they are harvested too early, they will not have enough sugar. But carrots loose their sweetness if you wait too long to pull them from the ground.** |
| **The best way to judge if a carrot is ready to be harvested is by its color. Usually, the brighter the color, the better the taste.** |
| **Most people do not know that carrots can be grown during the winter months. If the winter is not cold enough to freeze the ground, you can grow and harvest carrots the same way as during the summer months.** |
| **If the ground does freeze in your part of the world, simply cover your carrot garden with a thick layer of leaves or straw. This will prevent the ground from freezing. You can remove the ground cover and harvest the carrots as they are needed.** |
| **Carrots are prepared and eaten many different ways. They are cut in thin pieces and added to other vegetables. They are cooked by themselves oradded to stews. Or, once they are washed, they are eaten just as they come out of the ground.** |
| ***GLOSSARY:*****grown:**cultivadas;**throughout:**en todo; **easy to raise:** fáciles de cultivar; **easy to harvest:**fáciles de cosechar;**taste good:**tienen buen sabor;**carotene:**caroteno;**makes into:**transforma en;**think of:** piensa en;**sizes and shapes:** tamaños y formas; **suggests:**sugiere; **should be grown:**deben cultivarse; **sandy soil:** suelo arenoso;**hold water:**conserva agua; **dig up;**cava;**loosen it:**aflójalo;**fertilizer:**fertilizante;**weather:**tiempo (atmosférico); **warm days:**días cálidos;**cool nights:**noches frescas;**that taste great:**que tengan buen sabor; **their full sugar content:**todo su contenido en azúcar;**harvested too early:**cosechadas demasiado pronto;**sweetness:**dulzor; **to judge:**juzgar, decidir;**the brighter the color, the better the taste:** cuanto más brillante el color, mejor es el sabor;**to freeze:** congelar; **ground:**terreno; **thick layer:**capa gruesa;**leaves or straw:** hojas o paja;**this will prevent:**esto impedirá que;**added to stews:**agregadas a los guisados.  |

**Questions:**

where are the carrots grown?

how are the carrots like?

when should you harvest the carrots?what is the best way to judge if a carrot is ready to be harvested?

what is the best way to judge if a carrot is ready to be harvested?

can the carrots be grown in the winter months?

what will will prevent the ground from freezing if i want to grow some carrots?

how can carrots be prepared and eaten?

can we eat them when they have been just harvested?

whats the vitamin that carrots contain?